



## **Sunday 21<sup>st</sup> September 2008 @ 10.30am** **EVENT INFORMATION**

Start/finish in **Cowan Park, Barrhead**. This event is held under UK Athletics Rules and is a **Scottish Athletics** Permit Event.

### **ENTRY OPTIONS:**

**ON LINE** at [www.barrhead10k.co.uk](http://www.barrhead10k.co.uk)

(Final cut-off for online entries is Midnight, Thursday 18<sup>th</sup> September)

OR

**POSTAL** (see entry form on reverse) to be received by **Friday 12<sup>th</sup> September 2008** enclosing entry fee to **Eddie Phillips, 18 Springfield Dr, Barrhead, G78 2PF**.

OR

**ENTRY ON THE DAY (as long as limit has not been reached)** between 09.00am and 10.00am at Cowan Park. Minimum age limits in accordance with UK Athletics Rules:

Male	15 years old
Female	15 years old

### **PRICES:**

Entry fees	Advance entry	On the day entry
Scottish Athletics member	£8	£10
Non-member	£10	£12

Prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> males and females. All finishers will receive a goodie bag.

Toilets, changing and parking facilities are available at the Cowan Park Pavilion. **Race numbers will be available for collection from 9am until 10 am.**

This course is not traffic free and entrants are reminded that they must obey all traffic laws as well as follow the directions of the police and marshals during the race. Failure to do so will result in disqualification.

For further information visit: [www.barrhead10k.co.uk](http://www.barrhead10k.co.uk)



# **ENTRY FORM**

Please complete in **BLOCK CAPITALS** and **return with appropriate entry fee** (cheques payable to "Barrhead 10K Race Group") to:

**Eddie Phillips, 18 Springfield Drive, Barrhead, G78 2PF**  
by **Friday 12<sup>th</sup> September 2008**

<b>TITLE:</b>	<b>FIRST NAME:</b>	<b>SURNAME:</b>
<b>ADDRESS:</b>		
<b>POSTCODE:</b>		
<b>TEL:</b>	(H)	
	(M)	
<b>EMAIL ADDRESS:</b>		
<b>AGE ON DAY OF RACE:</b>		
<b>SEX:</b>		
<b>CLUB (if applicable):</b>		
<b>SA MEMBERSHIP No. (if applicable):</b>		
<b>EXPECTED FINISH TIME:</b>		
<b>CHARITY (if applicable):</b>		

Please enter me for the 2008 Barrhead 10K Road Race 2008. I enclose the appropriate entry fee and I declare that I am medically fit and that I will not hold the organisers responsible for any injury, illness, loss to person or property, however caused, and the details on this application are correct.

Please note that this event is organised entirely by volunteers, including our race photographer. Photographs from the event will be appearing on our website and may be used in promotional material for next year's race. Should you not wish your photo to appear, please tick this box.

Signature \_\_\_\_\_  
(if under 18 parent or guardian must sign)